

## Dear Grantors,

Baptist Senior Family announced they have fulfilled the grant request to establish our Palliative Care Center of Excellence initiative on 3/1/2023. Please accept this as our final project report.

Grant funds were used to underwrite the cost of specialized education and training of the staff related to best practices for dementia care, as well as for our residents and families, in palliative care initiatives, disease state management protocols and techniques which would improve the quality of life for the residents we serve.

Determined goals of the center address the physical, emotional, spiritual, social, intellectual, and community needs of the residents which supports the culture of wellness embraced by Baptist Senior Family. As evidenced by:

- The Center provides individualized meaningful treatments, exercises, programming, and activities developed by an interdisciplinary team for each person.
- The Center supports the emotional well-being of those we serve by implementing a person –centered approach and development of individualized plan of care
- The Center seeks to continue the development and enhancement of each person's relationship with God.
- The Center recognizes that people are social beings. Through activities and social events, they have the opportunities to participate in positive, appropriate, and meaningful activities and interactions with others on a daily basis
- The Center focuses on the stabilizing, and retraining the person's cognitive abilities in a nurturing and supportive atmosphere.
- The Center keeps persons involved in events and interests outside of the community.
- Orientation and continued development of staff: All newly hired employees (all departments) will
  have 6 hours of training using the CMS manual "Hand in Hand: A Training Series for Nursing Homes"
  during their orientation period. This format provides all new employees with knowledge needed to
  provide care to persons with Dementia.
- Commitment to continuing education in dementia care on an annual and as needed basis.
- Support Group- The Center sponsors family support groups that meet at a minimum of quarterly.
- Data is collected and reported at Quality Assurance and Performance Improvement (QAPI) meeting to monitor ongoing success of the initiative.

Thanks to the assistance from community healthcare partners, staff, fellow clinical disciplines, our residents and families and this bestowed grant, we are able to provide coordinated, consistent and competent palliative care.

## **Special thanks to:**

Alzheimer's Association
CMS State Operation Manual
Quality Insights – QIN
Advancing Excellence in America's Nursing Homes
National Partnership to Improve Dementia Care
Barry Riesberg MD
Pioneer Network
Eden Alternative
STAR training Program and Allegheny Health Network
Centers to Advance Palliative Care