

OCYF TRAUMA TEAM NEWSLETTER

NOVEMBER 2022

Contact us at RA-PWOCYFTRAUMA@PA.GOV

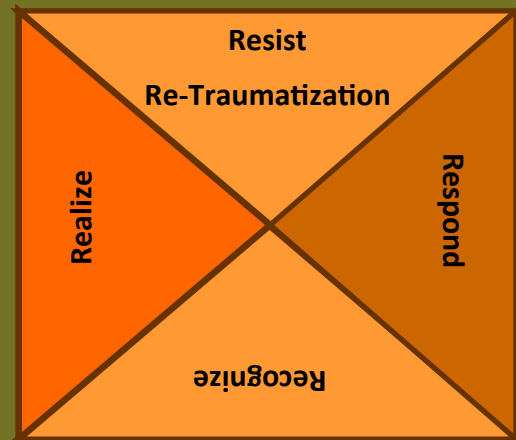
The Four R's of Trauma Informed Care

Realize— People throughout the organization have a basic realization about the implications of trauma on individuals, families, and community.

Resist Re-Traumatization— A review of the organization's environment and practices should be done to prevent unintentional re-traumatization of those served.

Recognize— Individuals within the organization can recognize the signs and symptoms of trauma.

Respond— Individuals in the organization respond to trauma by following trauma-informed approaches.



*Enjoy the start of autumn's
crisp weather!*

TEAM UPDATE

The OCYF Trauma Team will begin visiting county children and youth, foster and adoption agencies (CCYA/FC/AD) this month in an effort to assist in becoming trauma-aware through the use of the Trauma-Informed Assessment Tool. We encourage all agencies to work with their respective regional office representative on efforts towards this phase of the Trauma-informed Pennsylvania initiative. The OCYF Trauma Team would also like to remind agencies of the free online training, Raising Trauma Awareness in Child Welfare Casework Practice in PA, that is now available through the [E-Learn Catalog ID # 2348](#). CCYAs will also be able to take advantage of Lakeside Global Trauma 101 and 102. More information on these trainings has been shared via email. A Diversity Task force event entitled, Raising Children of Color in Rural Pennsylvania will occur on November 15, 2022. Visit CWRC [Bridge](#) by November 8th to register for this event .

Food For Thought

CHILDREN LEARN WHAT THEY LIVE

If children live with hostility, they learn to fight.

If they live with fear, they learn to be apprehensive.

If they live with criticism, they learn to condemn.

If children live with ridicule, they learn shyness.

If children live with shame, they learn guilt.

HOWEVER

If children live with tolerance, they learn patience.

If they are encouraged, they learn to be confident.

If they live with praise, they learn to appreciate others.

If children live with approval, they learn to value themselves.

If children are loved, they learn they are worthy.

WHAT ARE CHILDREN LEARNING?