

OCYF TRAUMA TEAM NEWSLETTER

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6 GUIDING PRINCIPLES TO A TRAUMA-INFORMED APPROACH

The CDC's [Center for Preparedness and Response \(CPR\)](#), in collaboration with SAMHSA's [National Center for Trauma-Informed Care \(NCTIC\)](#), developed and led a new training for CPR employees about the role of trauma-informed care during public health emergencies. The training aimed to increase responder awareness of the impact that trauma can have in the communities where they work.

Participants learned SAMHSA'S six principles that guide a trauma-informed approach, including:



Adopting a trauma-informed approach is not accomplished through any single particular technique or checklist. It requires constant attention, caring awareness, sensitivity, and possibly a cultural change at an organizational level. On-going internal organizational assessment and quality improvement, as well as engagement with community stakeholders, will help to imbed this approach which can be augmented with organizational development and practice improvement. The training provided by [CPR](#) and [NCTIC](#) was the first step for CDC to view emergency preparedness and response through a trauma-informed lens.

Worker Resiliency in Trauma-informed Systems: Essential Elements

Both preventive and interventional strategies for secondary traumatic stress should be implemented as part of an organizational risk-management policy or task force that recognizes the scope and consequences of the condition. These elements should be integrated into direct services, programs, policies and procedures, staff development and training, and other activities directed at secondary traumatic stress. See [secondary traumatic stress child serving professionals.pdf \(nctsn.org\)](#)

TEAM UPDATE

The OCYF Regional staff continue to complete organizational trauma-informed assessment tools in collaboration with the county child and youth agencies and foster and adoption agencies. Please continue to take advantage of the free, on-line trauma trainings being offered by the Child Welfare Resource Center (CWRC) and Lakeside Global Institute. Lakeside Global Institute is also offering train the trainer options for child-serving organizations. The team in collaboration with the CWRC has begun work to expand the trauma curriculum to include trauma sensitive training in the summer of 2023.

*You are the only one
you can control.
That is the simple
and powerful
truth of it.*