



COMMONWEALTH OF PENNSYLVANIA
DEPARTMENT OF STATE
STATE ATHLETIC COMMISSION
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Request for Waiver of Amateur Muay-Thai Rules

Section 1. Must be completed and signed by amateur Muay-Thai fighter (applicant)

I, _____, am requesting a Waiver of the Amateur Muay-Thai Rules,

Name of Fighter

which will allow me to use / strike with elbows provided I am wearing SAC approved elbow pads. Also, I will not be required to wear shin and instep pads during this bout. Headgear is still required.

Name of opponent also requesting waiver: _____

Date and location of bout: _____

Applicant signature

Date

Section 2. Must be completed and signed by the Muay Thai's current Trainer

I certify that _____ has, in my judgment, the necessary skills, training, conditioning and experience to qualify for the Waiver of the Amateur Muay-Thai Rules, which will allow this fighter to strike/use elbows and not be required to wear shin and instep pads during this bout.

Name of Fighter

➤ The above-named fighter has been training at my gym. YES / NO
Name and location of the gym: _____
Length of time training at this gym: _____

➤ I have witnessed the above-named fighter compete in Commission-sanctioned amateur MMA/Muay-Thai events and feel he/she is duly qualified for a waiver of the amateur rules. YES / NO
Win/loss amateur record of this fighter: _____
Date of last bout: _____
Result of last bout: _____

Do you hold any type of license with the PA State Athletic Commission or any other state/tribal Athletic Commission? If YES, list the type of license and state licensed: _____

Printed Name of Trainer

Signature

Date

* This form MUST be completed for EACH amateur Muay-Thai fighter who is applying for a Waiver of the Rules for EVERY bout in which a Waiver is requested.

Request for Waiver of Amateur Muay-Thai/K-Boxing Rules

List all bouts of this fighter that is requesting this Waiver:

Date Location Results Sanctioning body/State-tribal Commission

Muay Thai Advanced Rules

Fighters MUST have at least (5) sanctioned bouts

These fights must be documented and sent into the Commission for review and approval

A Waiver form must be completed by both fighters – The Commission has sole authority on who to approved / dis-approve for these advanced rules

If both fighters are approved, then:

Elbows will be allowed – provided elbow pads (approved by the Commission) are worn

Shins pads would NOT be required

Fights can be sanctioned for (3 * 3) minute rounds

***Headgear is still Required**

Amateur K-Boxing Advanced Rules

Fighters MUST have at least (5) sanctioned bouts

These fights must be documented and sent into the Commission for review and approval

A Waiver form must be completed by both fighters – The Commission has sole authority on who to approved / dis-approve for these advanced rules

If both fighters are approved, then:

Shins pads and Headgear would NOT be required

Fights can be sanctioned for (3 * 3) minute rounds

- **No kicks to the head are allowed**