



NURSE AIDE TRAINING PROGRAM—RECOMMENDED TIME SCHEDULE

Training Topics	80 Hour Program			120 Hour Program		
	Classroom	Lab	Clinical	Classroom	Lab	Clinical
SECTION 1: INTRODUCTION TO HEALTH CARE						
Unit 1: Role and Function	2.5	0.5	0	4.5	1.0	2.0
Unit 2: Communication Skills	2.5	1.0	3.0	3.0	2.0	3.0
Unit 3: Infection Control	3.0	1.0	2.0	3.0	1.5	4.0
Unit 4: Safety/Emergency	3.0	1.0	2.0	3.0	1.5	4.0
Unit 5: Client's (Resident's) Rights	2.5	0.5	1.0	2.0	0.5	2.0
Unit 6: Client's (Resident's) Independence	2.0	0.5	0.5	2.0	1.0	2.0
SECTION 2: BASIC NURSING AND PERSONAL CARE SKILLS						
Unit 1: Nutrition	2.0	1.0	2.5	2.5	1.5	4.0
Unit 2: Identify and Report Conditions of the Body Systems	1.0	0	0	2.0	1.0	2.0
Unit 3: Client's Environment	1.0	1.0	5.0	1.5	0.5	2.0
Unit 4: Personal Care Skills	2.0	5.5	15.0	6.5	10.0	15.0
Unit 5: Caring for Client (Resident) when Death is Imminent	1.0	0.5	0	1.5	0.5	2.0
SECTION 3: RESTORATIVE CARE						
Unit 1: Principles of Restorative Care	2.0	1.0	4.0	3.5	2.0	7.0
SECTION 4: BEHAVIORAL HEALTH AND SOCIAL SERVICE NEEDS						
Unit 1: Psychosocial Effects of Aging and Disease Process	2.5	0.5	1.5	3.0	1.0	3.0
SECTION 5: CARE OF COGNITIVELY IMPAIRED CLIENTS (RESIDENTS)						
Unit 1: Principles of Validation Therapy and Other Intervention Strategies	1.5	0	1.0	2.0	1.0	3.0
TOTAL HOURS	28.5	14.0	37.5	40.0	25.0	55.0