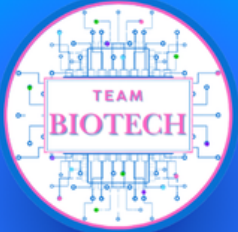


1 Problem & Research



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The integration of Telemedicine as a popular medical platform has accentuated two critical issues for public health in Pennsylvania.

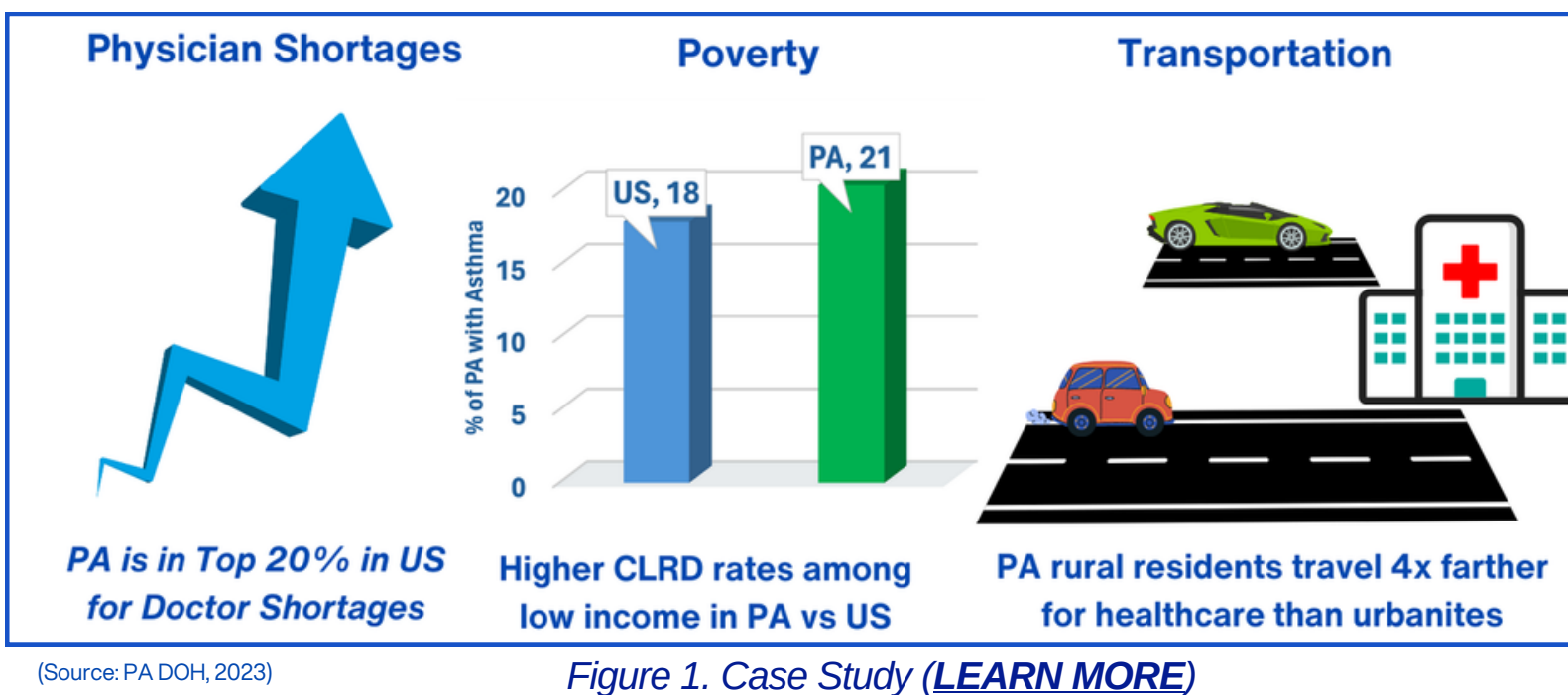
While **Telemedicine** can broaden access to healthcare, it can also hinder equitable care ([Haimi, 2023](#); [Huang, 2023](#)).

Healthcare providers are not able to directly measure key vital signs for PA patients via Telemedicine platforms.

This requires that some patients, especially those with chronic illnesses to go beyond Telemedicine and seek clinic based testing.

In-person care poses **barriers** for PA elderly, disabled, and low-income residents, such as cost, lack of transportation, and doctor shortages ([DiMaria-Ghalili, 2023](#)).

Pennsylvania Case Study



We developed a **Timeline** for project pacing. Next, we created project goals for designing a **Mid-Fidelity Prototype**. **IRB** approved the the Project.

2 Goals



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1 Integrate advancements in science and engineering, such as **nanotechnology**, to develop a **Biomedical Engineering Prototype**.

2 Accurately measure key vital signs for overall health:

Respiration Rate (RR)	Forced Vital Capacity (FVC)
Heart Rate (HR)	Blood Oxygen Saturation (SpO2)

3 Adhere to **Universal Design Principles**, including comfort, low cost, accessible, durable, and sustainable.

4 Integrate **Artificial Intelligence** (AI) for customizations.

5 Use Universal Design Principles to create a mobile application that securely transmits and displays physiological functions using Wi-Fi and **IoT** networking.

This digital poster provides an interactive experience for readers by including links to Team BioTech's [website](#). Click on any image or underlined term to connect to our [website](#).

Integrating E-Textiles, Nano-Technology, and AI to Enhance Physiological Data Acquisition

Emma A. Simmons & Sarah C. Simmons

3 Design & Build

Designed using Universal Design Principles. Schematics (Fig. 2 & 4) were drawn and components were assembled (Fig. 3) and evaluated.

Microprocessor: Arduino Nano operates sensors with unique code. [Click to Watch Video](#)

Coding: Novel C++ code written to program sensors.

Conductive Fabric: Utilized as RR and FVC sensors to measure changes in voltage with breathing. **Graphene** was added for durability and enhanced conductivity.

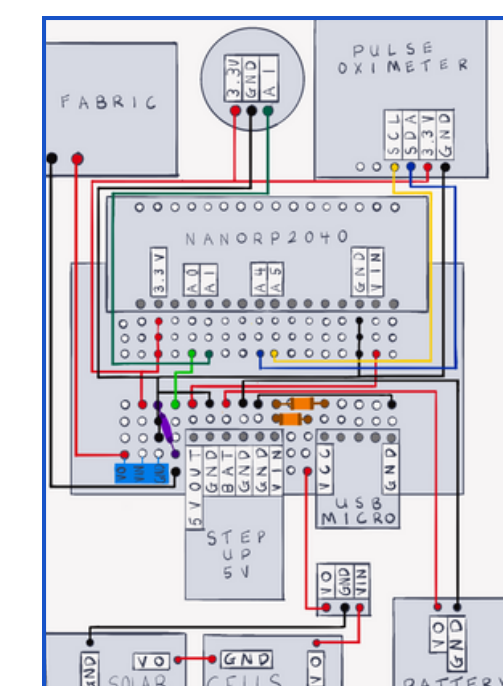


Figure 2: Wiring schematic

Power Source: Li-Po battery provides power to the Prototype. **Solar cells** offer a secondary power option.

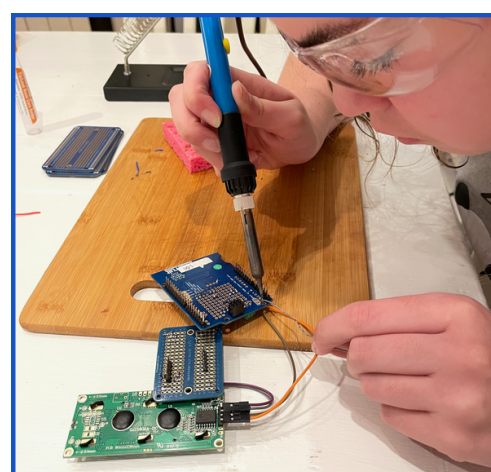


Figure 3: Building circuitry



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Inertia Measurement sensor and AI: measures move-ment and distinguishes between typical and atypical RR patterns in the wearer.

Spectral Sensors: Photoplethysmography for HR and SpO2.

IoT Mobile Application: Vital signs displayed and transmitted to healthcare providers using Blynk.

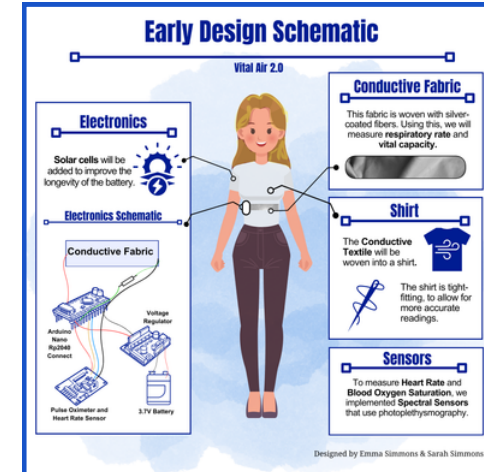


Figure 4: Design schematic

4 Testing & Iterations

We tested the Prototype's sensor system to determine accuracy and ease of use. [Learn More about Testing.](#)

1 **Treatments:** Team Member engaged in 3 treatments: Sitting, Standing, and Climbing Stairs. Second member recorded data from Mobile App.

2 **Test 1:** In this test, a team member wore Vital Air 2.0 while the Treatments were applied.

3 **Test 2:** Conducted with Team member using commercial grade equipment, a BioPac **Spirometer** and **ECG** and a Santamedical SpO2 monitor (Fig. 5).

4 **Iterations:** Prototype accuracy was improved by revising the FVC and RR equations. HR was improved by increasing sampling rate and changing sensor location. Several iterations were undertaken to optimize functionality. [Learn More.](#)

5 **Graphene:** A graphene epoxy was applied to the conductive fabric to improve durability and protect conductivity, especially with washing. (Rohen, 2024). We washed the fabric and a control 20 times, testing after each washing with a tensile meter ([Kuphalt, 2023](#)) and a 2000x digital microscope. [Learn More.](#)



Figure 5: Testing the Prototype in the lab



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5 Findings & Analysis

Sensor Findings: For the RR sensor, we selected the conductive fabric woven with silver-coated fibers, which showed the largest change in resistance when stretched. We also tested conductive fabric as electrodes for ECG, but we found that a spectral heart rate sensor was more accurate.

Prototype Findings: Pearson-r analysis indicated that Vital Air 2.0 produced vital biofunction measurements comparable to commercial equipment (Charts 1 & 2) with p-values ranging from <0.01 to 0.1 (Table 1).

Vital BioFunction	Prototype	Commercial	Pearson r	p-value
Respiration Rate (breaths per min)	16.0	17.3	0.99	p < 0.05
Forced Lung Capacity (liters)	2.46	2.51	0.66	p < 0.05
Blood Oxygen Saturation (% SpO2)	97.5%	98.5%	0.77	p < 0.1
Heart Rate (beats per min)	90.0	90.1	0.96	p < 0.01

Table 1. Vital Air 2.0 is comparable in accuracy to commercial devices. ([Learn More](#))

Graphene Findings: We found that there were no significant differences between the graphene-coated fabric and the control conductive fabric. (Chart 3). We concluded the graphene would not improve the Prototype, and so it was not used. ([Learn More](#))



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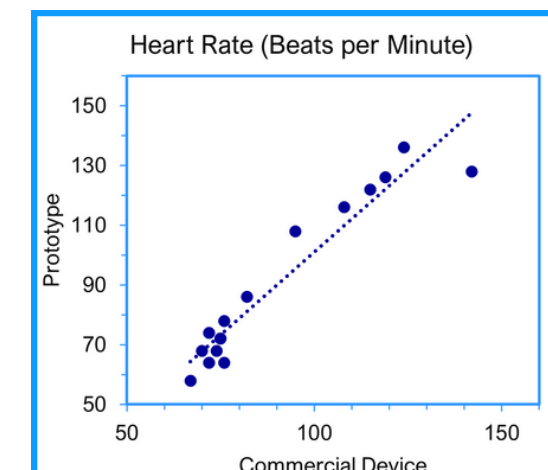


Chart 1: HR Comparison ([MORE](#))

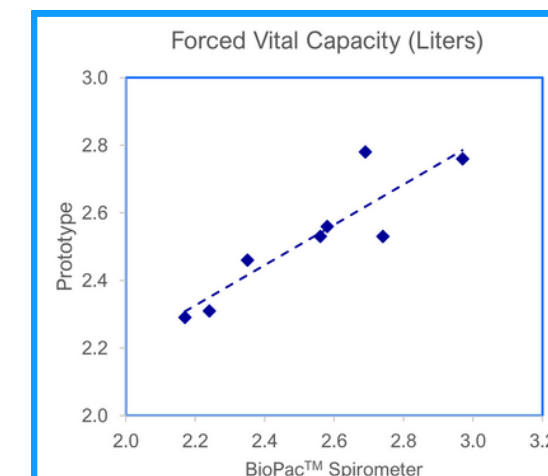


Chart 2: FVC comparison ([MORE](#))

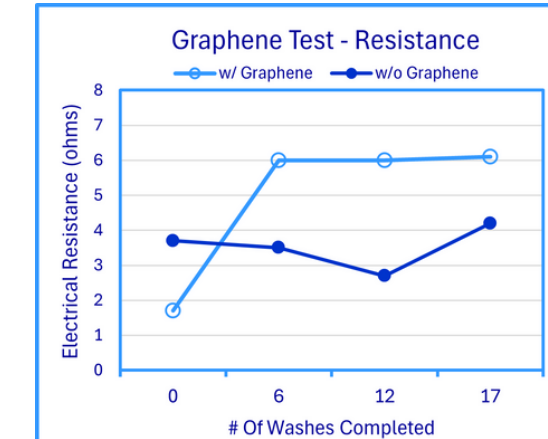


Chart 3: Graphene Test ([MORE](#))

6 Conclusions

IMPROVES
TELEMEDICINE

VITAL AIR 2.0 Telemedicine doctors can measure vital signs in real-time.

COMPARABLE
ACCURACY

VITAL AIR 2.0 offers comparably accurate and lower cost alternative to commercial testing equipment that requires clinic visits. ([Learn More](#))

EQUITABLE
HEALTHCARE

VITAL AIR 2.0 removes barriers to healthcare for PA residents by offering low-cost, accessible, remote way to send key medical data to doctors.



[Click to Watch Video](#)

[Learn More about the Comparability of Vital Air 2.0 and Commercial Equipment](#)

[Website](#) . . [Budget](#) . . [References](#) . . [Photo Gallery](#) . . [Thanks](#)