

## **HEALTH INFORMATION FOR INDIVIDUALS AND FAMILIES**

### **Health Conditions**

**MedlinePlus** <http://www.nlm.nih.gov/medlineplus>

**HealthFinder.gov** (Prevention Information) <http://www.healthfinder.gov>

**AIDS.gov** <http://www.aids.gov>

**Flu.gov** <http://www.flu.gov>

**CouldHaveLupus.gov** <http://www.couldihavelupus.gov>

**Diabetes & Me** <http://www.cdc.gov/diabetes/consumer/index.htm>

**National Diabetes Information Clearinghouse** <http://www.diabetes.niddk.nih.gov>

**National Diabetes Education Program** <http://www.ndep.nih.gov>

**National Institute on Drug Abuse** <http://www.nida.nih.gov/NIDAHome.html>

**Substance Abuse and Mental Health Services Administration** <http://www.samhsa.gov>

**National Cancer Institute** <http://www.cancer.gov>

**National Heart, Lung & Blood Institute** <http://www.nhlbi.nih.gov>

### **Get Healthy, Stay Healthy**

**Health.gov** <http://www.health.gov>

**Let'sMove.gov** (The First Lady's Initiative) <http://www.letsmove.gov>

**Fitness.gov** (Win President's Active Lifestyle Award) <http://www.fitness.gov>

**Small Step: KIDS** <http://www.smallstep.gov/kids/flash/index.html>

**WIN Network** (Weight Control) <http://www.win.niddk.nih.gov>

**Choose My Plate** <http://www.choosemyplate.gov>

**Deliciously Healthy Eating** <http://hp2010.nhlbihin.net/healthyeating>

**Healthy Weight** (It's not a diet, it's a lifestyle!) <http://www.cdc.gov/healthyweight/index.html>

**Food Safety.gov** <http://www.foodsafety.gov>

**National Immunization Program** (Vaccinations) <http://www.cdc.gov/vaccines>

**PoolSafely.gov** <http://www.poolsafely.gov>

**Product Safety** (Sign up to receive product recall alerts) <http://www.cpsc.gov18>

### **Information for Seniors**

**Medicare.gov** <http://www.medicare.gov>

**Eldercare.gov** <http://www.eldercare.gov>

**National Institute on Aging** <http://www.nia.nih.gov>

**Healthy Aging** <http://www.cdc.gov/aging>

**Administration on Aging** <http://www.aoa.gov>

**Senior Health** <http://www.nihseniorhealth.gov/index.html>

### **Health Care/Treatment Locators**

**Federally Funded Health Centers** [http://findahealthcenter.hrsa.gov/Search\\_HCC.aspx](http://findahealthcenter.hrsa.gov/Search_HCC.aspx)

**Health Provider Locator at Medline Plus** <http://www.nlm.nih.gov/medlineplus/directories.html>

### **National Breast and Cervical Cancer Early Detection Program**

<http://apps.nccd.cdc.gov/cancercontacts/nbccedp/contacts.asp>

**Mammography Facilities** <http://www.accessdata.fda.gov/scripts/cdrh/cfdocs/cfMQSA/mqsa.cfm>

**Substance Abuse Treatment Locator** <http://dasis3.samhsa.gov>

**Mental Health Services Locator** <http://www.store.samhsa.gov/mhlocator>

**HIV/AIDS Prevention & Service Provider Locator** <http://www.aids.gov/locator>

**National HIV and STD Testing Centers** <http://www.hivtest.org>

### **Find Health Insurance**

**HealthCare.gov** <http://www.healthcare.gov>

**InsureKidsNow.gov** <http://www.insurekidsnow.gov>

**Veteran Affairs Healthcare** <http://www.va.gov/health/default.asp>