



How Title V supports: **Adolescent Health**

Establishing protective factors and helping youth navigate the health system and associated services during the transitional period between childhood and adulthood is essential to promoting adolescent health. The Title V Maternal and Child Health Services Block Grant provides safety net direct, enabling, and population level services to adolescents. **Title V funds support more than 1.75 million youth aged 1 to 21 annually, approximately 55% of all youth in the state.** Beginning in 2021, adolescent health strategies worked to advance Priority 3, Priority 5, and Priority 7 of the Title V Action Plan.

PRIORITY 3

Improve mental health, behavioral health, and developmental outcomes for children and youth with and without special health care needs

PRIORITY 5

Reduce rates of child mortality and injury, especially where there is inequity

PRIORITY 7

Support and effect change at the organizational level and system level by supporting and promoting policies, programs and actions that advance health equity, address the social, environmental, and economic determinants of health, and deconstruct institutionalized systems of oppression

Addressing priority health needs with evidence-based strategies



Child Death Review

The Child Death Review (CDR) program promotes the safety and well-being of children by reducing preventable childhood fatalities. This is accomplished through systematic, multi-agency reviews of the deaths of children up to age 21. All 67 Pennsylvania counties are represented by local CDR teams. The CDR program is supported through a combination of Title V and other federal funds. Other federal funds are being used to fund staff time. Title V funds are used to support training and technical assistance efforts as well as prevention activities.



Reproductive Health Services

Title V supports reproductive health services for high school students through the Health Resource Center (HRC) program. The HRC program provides sexual and reproductive health education, confidential counseling, screening for sexually transmitted infections, pregnancy testing, distribution of safe sex materials, and referrals and linkages to family planning services. Through Family Planning Councils in Pennsylvania, Title V also supports reproductive health counseling and provision of effective contraceptive, including long-acting reversible methods, to adolescents up to age 21. Additionally, Title V funds support the SafeTeens Answers! program. Youth can text their sexual health and healthy relationship questions to the text line and receive a complete, age-appropriate, and medically accurate response within a few hours.



Male Involvement and Healthy Relationships

This Title V program utilizes the Coaching Boys into Men curriculum to promote violence prevention, greater gender equity, and respectful and non-violent relationships with dating partners among male adolescents.



Bullying Awareness and Prevention

Eight community youth organizations are supported by Title V as they are trained in and implement the Olweus Bullying Prevention Program curriculum in their areas. The objective of this initiative is to increase the number of adolescents in Pennsylvania who have access to, and participate in, bullying awareness and prevention programming.



Youth Mentorship and Social Support

Title V funds support programming that aims to provide evidence-based or evidence-informed behavioral health services in the areas of mental health, suicide prevention, or substance use for LGBTQ youth.



Acquired Brain Injury and Opioid Training for Providers

Title V supports an Acquired Brain Injury and Opioid Training Program that trains providers on the correlation between acquired brain injury and opioid use and misuse. The program creates and delivers training to professionals who serve adolescents and are within the brain injury and drug and alcohol field on a statewide level.

The Department of Health's Bureau of Family Health is the Title V Administrator in Pennsylvania.

For more information, e-mail RA-DHPATITLEV@pa.gov or visit our website:

<https://www.health.pa.gov/topics/Administrative/Pages/Title-V.aspx>