

Patient and Family Education:

# Multidrug-Resistant Organisms (MDRO)

## What is an MDRO?

A germ that is not killed by the drugs meant to treat them

## How do MDROs spread?



Hands of health care workers, visitors, or family members



Body fluids – drainage from wounds, urine, stool, saliva, blood



Dirty objects or surfaces – bed rails, bedside tables, medical equipment

## How can the spread of MDROs be prevented?

Washing hands after touching body fluids or dirty surfaces



OR



Use hand sanitizer (ABHR) and rub hands together until dry

1. Wet hands

2. Apply soap

3. Press firmly and rub hands for 20 seconds

4. Rinse

5. Use towel to dry hands and turn off water

## Stopping the spread of germs



Patients may be placed on contact precautions to control the spread of germs.

Medical staff will advise if a patient is on any type of precautions and visitors may be asked to take special precautions according to facility policy.

## Cleaning the environment



Keep the patient's room and everything around the patient clean and tidy.

Facility cleaning staff will clean the patient's room daily using an approved product.

If you have questions, please contact your local health department by calling 1-877-PA-HEALTH

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